

# Your health, in your hands

## Managing your prescriptions is easier with our digital tools

Your prescription drug coverage is important to your health. With pharmacy benefits from Anthem, powered by IngenioRx, it's easier for you to track and manage your prescriptions — all in one convenient place. You can do things like refill and renew prescriptions, find a pharmacy, and check the cost of a drug.

To get started, log in to **anthem.com**, go to **My Plans**, and then go to **Pharmacy**. You can also use the **Sydney<sup>SM</sup> Health** mobile app.

#### The All Prescriptions page

This page is like a digital version of your home medicine cabinet. It provides real-time information about your prescriptions, including dosage, days' supply, and last fill date. You can view your prescription history, check the number of refills left, and ask to switch eligible prescriptions to IngenioRx Home Delivery Pharmacy.

#### No-hassle refills and renewals

Refills and renewals are at your fingertips when you choose IngenioRx Home Delivery Pharmacy or IngenioRx Specialty Pharmacy. You can check order status, receive notices and alerts about shipping status and other information needing attention, and manage your payments and account balances. With IngenioRx home delivery, you can also turn on automatic refills and renewals.

#### Find ways to save

When you need prescriptions, you can use our Price a Medication tool to check prices before you buy. We'll let you know if a generic drug will save you money or if home delivery makes more sense than getting prescriptions at your retail pharmacy. We'll help you understand your options, to make informed choices for you and your family. We'll also let you know if there is a coupon available for your preferred brand prescriptions.

### Stay in touch — the way you choose

Whether you prefer a call, email, or text when it's time for a refill or when you are due for a health screening, you decide how we contact you. You can opt in or out of alerts and also set your payment preferences.

Log on to anthem.com, scan the QR code, or download the Sydney Health app to see what your plan can do for you.





Sydney Health is offered through an arrangement with CareMarket, Inc., a separate company offering mobile application services on behalf of Anthem Blue Cross and Blue Shield. @2020-2021

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