

# Contact Information

Not sure what you are looking for? Call The Benefits Call Center 888-598-2040

Name	Contact	Phone	Website / E-Mail	Fax
Accident	Allstate Benefits	800-521-3535	<a href="http://www.allstatebenefits.com">www.allstatebenefits.com</a>	
Basic Life and AD&D & Supplemental Life	MUTUAL OF OMAHA	800-775-8805	<a href="http://www.mutualofomaha.com">www.mutualofomaha.com</a>	
Business Travel	Zurich (Debra Allison)	214-866-1010	Ref Policy #GTU-0973373	
Cancer	Allstate Benefits	800-521-3535	<a href="http://www.allstatebenefits.com">www.allstatebenefits.com</a>	
COBRA	McGriff Insurance	888-888-3442	<a href="mailto:cobraadmin@mcgriffinsurance.com">cobraadmin@mcgriffinsurance.com</a> -	
Credit Union	Marshland Federal Credit Union	912-466-3150	<a href="http://www.marshlandfcu.coop">www.marshlandfcu.coop</a>	912-466-3153
Critical Illness	Allstate Benefits	800-521-3535	<a href="http://www.allstatebenefits.com">www.allstatebenefits.com</a>	
Dental	Ameritas	800-487-5553	<a href="http://www.Ameritas.com/group/olbc/SGHS">www.Ameritas.com/group/olbc/SGHS</a>	
Disease Management	Michelle Atkinson	912-466-3180	<a href="mailto:matkins@sghs.org">matkins@sghs.org</a>	912-466-3113
Employee Assistance Program	Aetna Resources for Living EAP	866-252-4468 24 hours a day	<a href="http://www.mylifevalues.com">www.mylifevalues.com</a> Login: sghs Password: eap	
Family Medical Leave Act (FMLA)	Absence Pro	877-365-2666	<a href="http://AbsencePro.absencemgmt.com">AbsencePro.absencemgmt.com</a>	877-309-0218
Flexible Spending Accounts	McGriff Insurance	800-768-4873	<a href="https://mcgriffinsurance.lh1ondemand.com">https://mcgriffinsurance.lh1ondemand.com</a> <a href="mailto:flexcard@mcgriffinsurance.com">flexcard@mcgriffinsurance.com</a>	252-293-9049
Hospital Indemnity Insurance	Allstate Benefits	800-521-3535	<a href="http://www.allstatebenefits.com">www.allstatebenefits.com</a>	
Human Resources	Benefit Number	Main: 912-466-3179 Benefits: 912-466-BENS	<a href="http://www.sghs.org">www.sghs.org</a>	912-466-3113
Medical	Meritain Health Incorporated	Main: 800-925-2272 8 am - 7:30 pm EST	<a href="http://www.mymeritain.com">www.mymeritain.com</a>	
Pharmacy	Optum RX	800-356-3477	<a href="http://www.optumrx.com">www.optumrx.com</a>	
PPO Provider Network	CGRHN	Refer to <a href="http://www.sghs.org/team-memberportal">www.sghs.org/team-memberportal</a>		
	Aetna POS II	<a href="http://www.aetna.com/docfind/custom/mymeritain/">www.aetna.com/docfind/custom/mymeritain/</a>		
Precertification for Medical	AHH	800-242-1199		
Pre-paid Legal & Identity Theft	ARAG	800-247-4184	<a href="http://www.ARAGLegalCenter.com">www.ARAGLegalCenter.com</a>	
Retirement Plan Specialist & College Savings Plan	Mass Mutual	800-743-5274	<a href="http://www.massmutual.com/retire">www.massmutual.com/retire</a>	
	Jim Jacobs Jacob's & Coolidge	912-466-3175	<a href="mailto:jamesljacobs@financialguide.com">jamesljacobs@financialguide.com</a>	912-466-3113
Short-Term & Long-term Disability	MUTUAL OF OMAHA	800-877-5176	<a href="http://www.mutualofomaha.com">www.mutualofomaha.com</a>	
Vision	EyeMed Customer Service	866-723-0513	<a href="http://www.EyeMed.com">www.EyeMed.com</a>	Claims 866-293-7373
Universal Life with Long-Term Care	TransAmerica	888-763-7474	<a href="http://www.transamerica.com">www.transamerica.com</a>	
Workers' Compensation	Brentwood Services	615-263-1300	<a href="mailto:claims.claims@bwood.com">claims.claims@bwood.com</a>	
<b>To Enroll Over the Phone</b>				
See My Benefits Online	8 am – 6 pm EST Monday thru Friday	888-598-2040	<a href="http://www.SGHSbenefits.com">www.SGHSbenefits.com</a>	402-296-3954