



MEDICAL MUTUAL®

## Save Money on Healthcare Services with My Care Compare

Healthcare costs can vary widely, depending on where you go and whom you see. That's because hospitals, clinics and doctors' offices charge different amounts for the same procedures. Costs can even vary when you see the same doctor about the same issue but at different locations.

Medical Mutual's My Care Compare tool may help you lower costs when you receive care from a provider in your plan's network.

### How does it work?

With this convenient online tool, you can:

- See a reasonable estimate of healthcare costs based on recent cost information.<sup>1</sup>
- Compare costs and locations for a variety of medical services or procedures, including:
  - Preventive services such as vaccines and cancer screenings
  - Blood tests and other lab services
  - X-rays, MRIs and CT scans
  - Physical therapy
- Review quality ratings for doctors, hospitals, clinics and other health service providers.<sup>2</sup>
- Watch videos that may help you understand conditions and treatment options, learn about risks and benefits of various procedures, and make smarter decisions about your health.

### Start saving today.

Log in to My Health Plan at [MedMutual.com/member](http://MedMutual.com/member) and click My Care Compare. Or log in through our mobile app. (Search "MedMutual" and download for free from the Apple App Store® or Google Play™.)

If you don't have access to the internet, call Customer Care at the number on your Medical Mutual ID card. Our Customer Care Specialists can access My Care Compare to help you research and compare costs of services, procedures and locations. They are available Monday through Thursday, 7:30 a.m. to 7:30 p.m.; Friday, 7:30 a.m. to 6 p.m.; and Saturday, 9 a.m. to 1 p.m.

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<sup>1</sup> The estimate does not guarantee actual cost, services, coverage or payment, and is subject to cost-sharing responsibilities.

<sup>2</sup> The quality data for facilities and the patient satisfaction score for physicians come from HealthGrades ([healthgrades.com](http://healthgrades.com)).