



How to use Care Cash to help you make the most of it

Care Cash® is a preloaded debit card that helps you pay for cost-effective* and convenient care. Use it in place of a credit or debit card to help pay toward cost-sharing for the following program eligible network** expenses listed below.

UnitedHealth Premium® Care Providers

The UnitedHealth Premium program can help you find providers who meet criteria for safe, timely, effective and efficient quality care. When searching for a primary care provider or specialist on myuhc.com®, look for the 2 blue hearts near the doctor's name. ♥♥

If you are on a Tiered medical plan, look for providers with a Tier 1 blue dot. 

Primary care** – A primary care provider (PCP) is the first person you call with medical questions and issues to help guide you to the care you may need—from physical to behavioral health. They may help you avoid surprise costs, save time and make the best use of your health care.

Specialty care – A specialist provider focuses on a specific area of complex care—from cardiology to orthopedics.

Urgent care

Urgent care clinics offer treatment for non-life-threatening injuries or illnesses, like sprains and minor burns. These clinics are staffed by physicians and care teams.

Lab

Outpatient Lab and laboratory providers support the diagnosis, treatment and follow-up of clinical conditions, as well as a variety of specialized services.

24/7 Virtual Visits

When you need care—anytime, day or night—24/7 Virtual Visits may be a convenient option. You can connect with a provider through your mobile device,** tablet or computer and get treatment for allergies, headaches, rashes and more—from wherever you are.

To get the most from your Care Cash card, use it only for eligible, network expenses outlined in this document.

Some examples of expenses NOT eligible for Care Cash include:

- Prescription drugs
- Dental or vision care service providers
- Emergency room care service facilities
- Personal purchases (general merchandise, groceries, etc.)

Questions about eligible program expenses? Call the toll-free number on your health plan ID card.

Learn more

Visit myuhc.com/carecash

*Not all providers for which you can use your Care Cash card have been assessed for cost-efficiency.

**Must be a UnitedHealthcare Network provider to be eligible for Care Cash.

***Data rates may apply.

continued



Care Cash provides a pre-loaded debit card which can be used for certain health care expenses. If the card is used for ineligible 213(d) expenses, individuals may incur tax obligations and should consult an appropriate tax professional to determine if they have such obligations. The information provided in connection with Care Cash is for general informational purposes only and is not intended to be nor should be construed as medical advice. Individuals should consult an appropriate health care professional to determine what may be right for them.

24/7 Virtual Visits is a service available with a Designated Virtual Network Provider via video, or audio-only where permitted under state law. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. 24/7 Virtual Visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Check your benefit plan to determine if these services are available.

Tier 1 providers may be subject to change, visit myuhc.com® for the most current information or call the number on your health plan ID card.

The UnitedHealth Premium® designation program is a resource for informational purposes only. Designations are displayed in UnitedHealthcare online physician directories at myuhc.com®. You should always visit myuhc.com for the most current information. **Premium designations are a guide to choosing a physician and may be used as one of many factors you consider when choosing a physician. If you already have a physician, you may also wish to confer with him or her for advice on selecting other physicians. You should also discuss designations with a physician before choosing him or her. Physician evaluations have a risk of error and should not be the sole basis for selecting a physician.** Please visit myuhc.com for detailed program information and methodologies.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.