# How to File a Short-term Disability Claim



Your short-term disability plan helps protect your income in the event that you experience a disabling illness or injury. Short-term disability insurance can provide benefit payments when you're unable to work, allowing you to maintain a level of financial security for you and your family.

If you become disabled, the instructions below provide essential information to file a claim and authorize your physician to provide supporting medical information.



## **FILING OPTIONS:**

#### **TELEPHONIC**

- Call to file your claim with a disability customer service representative:
- 2. The customer service representative will complete the *Telephonic Claim* form. You will need to provide your personal information as well as your injury/illness.
- 3. Following the call, Mutual of Omaha will mail you an Authorization to Disclose Personal Information form. This form can also be found at: <a href="https://www.mutualofomaha.com/customer-service">www.mutualofomaha.com/customer-service</a>. Complete, sign and submit the form to Mutual of Omaha. The form can be faxed to: 402.997.1865 or emailed to: <a href="mailto:newdisabilityclaim@">newdisabilityclaim@</a> mutualofomaha.com

#### **WEB**

- Find the Short-Term Disability Notification option at: www.mutualofomaha.com/ customer-service
  - In the Forms tab choose your employer situs state and click "Get Forms."
  - Under Disability Forms, select Short-Term Disability Claim form.
- 2. Complete the online form by providing the requested information. You will also need to provide your physician or health care provider's contact information (phone, fax and mailing address).
- 3. Select "Submit" and you will receive a successful transmittal message.
- 4. Following claim submission please print the *Authorization to Disclose Personal Information Mutual and United* form (in the Disability section). Complete, sign and submit the form to Mutual of Omaha. The form can be faxed to: 402.997.1865 or emailed to: newdisabilityclaim@mutualofomaha.com

### **PAPER**

- 1. To obtain the *Short-Term Disability Claim* form:
- 2. Complete the *Employee's Claim Statement* in full.
- 3. Complete and sign the *Authorization to Disclose Personal Information* form.
- Send completed forms to Mutual of Omaha by fax: 402.997.1865 or email: <a href="mailto:newdisabilityclaim@">newdisabilityclaim@</a> mutualofomaha.com
- 5. Provide a copy of the *Authorization* to *Disclose Personal Information* form to your physician or health care provider, along with the *Attending Physician Statement (APS)* form. Instruct them to send the completed *APS* form to Mutual of Omaha.