



My benefits. My records. My health. My choices.

myuhc.com[®]



GETTING THE MOST FROM YOUR

MYUHC.COM GIVES YOU PRACTICAL, PERSONALIZED INFORMATION SO YOU CAN:

- ▶ Understand your coverage
- ▶ Find a doctor in your area
- ▶ Manage your claims
- ▶ Organize your health information
- ▶ Estimate costs of future treatments
- ▶ Improve your health

myuhc.com comes with your UnitedHealthcare health plan.

With **myuhc.com**, you'll have fewer questions and more confidence about your benefits, claims and health information. It's personalized for you and simple to use.

Imagine – no more waiting or wondering. You can access these services in moments, at any time of the day.

Message Center

The screenshot shows the myuhc.com website interface. At the top, there are navigation tabs: Home, Claims & Accounts, Physicians & Facilities, and Pharmacies & Prescriptions. Below the navigation is a user greeting: "Hello, Chris". Underneath, it displays "My Coverage: Active 01/01/08" with a link for "More Details". It also shows "Plan Name: Choice Plus", "Group/Acct#: 111111", and "Member ID: 7891234567". A section titled "Plan Details" includes buttons for "Account Balances" and "Benefit Details". Below that, it lists "Deductible" as "\$300 individual" and "\$600 family", and "Out-of-Pocket Max" as "\$500 individual" and "\$1,000 family". On the right side, there is a mobile app advertisement for "Health4Me" with the tagline "The go-to app for your health". The app icon features a heart, a bar chart, and a checklist. A "Play video" button is visible, along with the text "Available for Apple* and Android*" and a slide navigation bar at the bottom.

MAKE SMARTER CHOICES

myuhc.com helps you make more informed decisions about your health care:

- 1 **Locate information on your benefits and coverage.** Learn about what's covered and what's not, deductibles and out-of-pocket costs. You'll also find tips for getting the most out of your benefits
- 2 **Learn about hospitals and physicians** based on national quality and cost-efficiency standards. You can even sort by procedure, or search for doctors that treat other patients of your age, gender and health condition

You'll be empowered to make choices that are right for you based on real data and cost information.

HEALTH PLAN WITH MYUHC.COM

Account Settings | Print | Help | Contact Us | Feedback | Sign Out

Benefits & Coverage | Personal Health Record | Health & Wellness

What would you like to do today?



Manage My Claims

3



View Online Statement



View Account Balances

5



Print an ID Card



Health Assessment



Estimate Health Care Costs

6



Extra Programs & Discounts



Look Up Health Topics

4



Look up My Benefits



Find a Doctor



Manage My Prescriptions

BETTER MANAGE YOUR EXPENSES

You'll be in control of your health-care-related expenses with **myuhc.com**:

- 3 **Manage your claims** with the myClaims Manager tools that allow you to view the status of your claim, add your own notes and flag claims for follow-up - plus you can mark claims as paid.
- 4 **Manage prescriptions** by ordering your refill medications online and tracking refill status and price. Available only if your pharmacy benefits are through UnitedHealthcare.
- 5 **Track your medical expenses**, including account balances and spending history.
- 6 **Estimate health care costs** before you have a test or procedure.

With **myuhc.com**, there are no surprises. At every stage of care you know what to expect and can plan accordingly.

4 P

Know the 4 Ps when shopping for health care. **myHealthcare Cost Estimator** provides you with a wealth of information before you go to the doctor.

- 1 **PROCEDURE**
Learn more about a procedure and compare treatment options.
- 2 **PROVIDER**
Select a quality provider for a procedure.
- 3 **PRICE**
Quickly estimate out-of-pocket costs for specific procedures.
- 4 **PLACE**
Find providers close to you, view maps and print directions.

BELIEVE IN A HEALTHIER YOU

The Health and Wellness tab on myuhc.com is your own personal website that is designed to:

- ▶ Inspire healthy action with a step-by-step program
- ▶ Encourage you to remain motivated through online health programs and innovative tools that track your progress
- ▶ Reinforce your commitment by celebrating your accomplishments

Three areas of the site are designed to work together to help you become your healthiest:

I Am

- ▶ Find out about healthy behaviors that may help improve your health
- ▶ Organize your health information into one place with a Personal Health Record
- ▶ Take a Health Assessment to see where you are right now

I Do

- ▶ Follow an “I Do” action program, a list of “to-dos” based on your health status and goals
- ▶ Check your progress with Health Trackers that chart your blood pressure, physical activity and more
- ▶ Use coaching programs to get help meeting your goals, from weight loss to diabetes management

I Get

- ▶ Receive encouragement for sticking to it, reaching your goals and making healthy lifestyle changes
- ▶ Create and view inspirational images that reinforce why you’re striving for a healthier lifestyle

Take advantage of these services as soon as your UnitedHealthcare plan goes into effect by registering at myuhc.com.



myHealthcare Cost Estimator is not available to all members in all markets. Depending on your specific benefit plan and the ZIP code that is entered, either the new myHealthcare Cost Estimator, or the current Treatment Cost Estimator will be available. A mobile version of myHealthcare Cost Estimator will be launched soon, and additional ZIP codes and procedures will be added soon. This tool is not intended to be a guarantee of your costs or benefits. Actual costs may vary. Your costs may be different, based on your personal health situation and the coverage terms of your particular health plan. Review your health plan coverage terms to determine actual benefits.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or its affiliates.