

UPGRADE YOUR BENEFITS TODAY!

Protect your family's health and well-being with no-cost virtual doctor visits and mental health resources, right from the comfort of home. Plus, enjoy savings on prescriptions and dental, vision, and legal services!



Teladoc - \$0 Visit Fee

Feel better now! 24/7 access to a doctor is only a call or click away—anytime, anywhere with a \$0 visit fee for general medical issues. With Teladoc, you can talk to a doctor by phone or online video to get a diagnosis, treatment options and prescription, if medically necessary. **Save time and money** by avoiding crowded waiting rooms in the doctor's office, urgent care clinic or ER. Just use your phone, computer, smartphone or tablet to get a quick diagnosis by a U.S.-licensed physician.

Teladoc Mental Health

20% of Americans suffer from a mental health condition, but many don't seek treatment due to a lack of convenience and accessibility to services. Teladoc Mental Health provides **confidential therapy** on your terms with virtual access to licensed therapists for only \$25 per visit.

- Establish an ongoing relationship with a licensed therapist through video or phone sessions
- Get support for anxiety, depression, stress, grief, PTSD, family or marriage issues, and more
- Adolescent therapy available for teens ages 13-17, excluding psychiatry
- Teladoc's licensed therapists are available seven days a week

Physician & Hospital Discounts

Save 10% to 40% on most medical services at over 340,000 participating physicians, ancillary facilities, and hospitals. Get the care you and your family deserve for less.

- Includes family doctors, specialists, alternative care providers, facilities and hospitals
- The ValuePoint provider network was established by MultiPlan®, the industry's most comprehensive provider of healthcare cost management solutions
- You and your immediate family can save using the ValuePoint network
- No health restrictions, age limits, or usage/savings maximums
- National savings average 39% at doctor offices, 28% at ancillary facilities, and 21% at hospitals

Cafe Rio
MEXICAN GRILL.

\$17.85
PER MONTH

includes member, spouse and dependents

Dental

Smile brighter with big savings on dental services such as cleanings, X-rays and crowns. In most instances, **save 15% to 50% per visit*** on services from general dentistry to special procedures. Use your card over and over again to keep your teeth sparkling clean!

*Actual costs and savings vary by provider, service and geographical area.

NB Rx

Healthcare keeps getting more expensive, but you shouldn't have to choose between your prescription medications and other essential expenses. Make sure you're always getting the best deal on your prescriptions with deep discounts through NB Rx. Save 10% to 85% on most prescriptions at 60,000 retail pharmacies nationwide.

Vision

Your eyes are the windows to your health. Now you and your family can see better savings at thousands of vision providers nationwide, including national chains and local retailers. You save 10% to 60% on glasses, contacts, laser surgery, and exams.

Legal Access

Have legal questions? Get legal answers from **experienced lawyers at discounted rates**. Attorneys help with traffic tickets, bankruptcy, divorce, and spousal and child support. Additional services are also available at no cost to you!

ACCESS YOUR BENEFITS ON THE GO!

With the **My Benefits Work™** mobile app & portal



DISCLOSURES

This program is NOT insurance coverage and does not meet the minimum creditable coverage requirements under the Affordable Care Act or Massachusetts M.G.L. c. 111M and 956 CMR 5.00. It contains a 30-day cancellation period, provides discounts only at the offices of contracted health care providers, and each member is obligated to pay the discounted medical charges in full at the point of service. The range of discounts for medical or ancillary services provided under the program will vary depending on the type of provider and medical or ancillary service received. Member shall receive a reimbursement of all periodic membership fees if membership is canceled within the first 30 days after the effective date. Discount Plan Organization: New Benefits, Ltd., Attn: Compliance Department, PO Box 803475, Dallas, TX 75380-3475, 800-800-7616. Website to obtain participating providers: MyBenefitsWork.com. © 2025 Teladoc, Inc. All rights reserved. Teladoc and the Teladoc logo are registered trademarks of Teladoc, Inc. and may not be used without written permission. Teladoc does not replace the primary care physician. Teladoc does not guarantee that a prescription will be written. Teladoc operates subject to state regulation and may not be available in certain states. Teladoc does not prescribe DEA-controlled substances, non-therapeutic drugs, and certain other drugs that may be harmful because of their potential for abuse. Teladoc physicians reserve the right to deny care for potential misuse of services. For dermatology consultations, members must complete a Dermatology Intake Form and upload a minimum of three images through the secure message center before each initial consultation. Mental Health visits are not available 24/7/365 and must be scheduled. Mental Health visits are not available to minors 12 and younger. Mental Health visits with a psychiatrist are not currently available for adolescents ages 13-17. Not all Mental Health specialists will be available in all states. Not available to residents in VT & WA.