




BlueCross BlueShield of Montana



## Teladoc<sup>TM</sup> Health

For Diabetes  
Management



## A Coach-Led Digital Program for Wellbeing Management and Health Advocacy Solutions

**Funding Types:** Fully Insured (FI), Administrative Services Only (ASO) | Cost Plus (CP) | Minimum Premium Program (MPP) | Blue Balance Funded<sup>SM</sup>

**Segments:** Large Group (ASO, Custom Fully Insured, Standard Fully Insured) | Small Group | Mid-Market

**Networks:** Preferred Provider Organization (PPO)

As part of the Wellbeing Management and Health Advocacy Solutions packaging, Blue Cross and Blue Shield of Montana (BCBSMT) offers an exciting coaching option, with no extra charge to members. You can provide your employees digital educational opportunities for diabetes management with Teladoc Health. This supplemental remote care can be done in the comfort of the member's own home.

## Diabetes Management Solution

Teladoc Health is a consumer digital health company providing an end-to-end diabetes management program that combines a connected glucose meter with personal support by certified diabetes educators. Features include:

- Real-time personalized messaging on the Teladoc Health connected blood glucose meter
- Certified diabetes educators available 24/7
- Member-initiated reporting to BCBSMT clinician or member's health care provider with blood glucose readings and trends to enable more focused conversations
- Instant interventions when blood glucose readings are out of range
- Optional notifications for high and low readings to give to loved ones and member-initiated reports to providers
- Test strips and lancets at no extra cost, delivered right to the member's door
- Business reports on enrollment, activation and clinical outcomes

### Coaching Solutions Claims-based Billing

\$59	One-time (welcome kit - DME*)
\$65	Monthly participation

\* Durable Medical Equipment

### Member Eligibility

To support the program, Teladoc Health will receive a weekly file of eligible members. BCBSMT screens prior claims to identify members with diabetes and/or hypertension and provides only those members to Teladoc Health. Members without prior claims can self-identify as having a covered condition when they enroll in the program and will be subsequently included in eligibility files.

