



# Virtual Care Options

CONVENIENT OPTIONS TO HELP YOU CARRY ON

## TWO OPTIONS TO GET CARE

### Option One

#### Use your own provider's virtual care services

Many providers or health care systems are providing virtual care services. Visit their website for sign-in and visit instructions or contact them to begin care.

### Option Two

#### Use Amwell virtual care services

Amwell providers are available 24 hours a day, 365 days a year. In just minutes you can create an account and be online with a provider.

Amwell virtual care isn't meant to replace your primary care provider (PCP). It is designed to reduce non-emergency and walk-in clinic visits when your PCP isn't available.

Download the iOS or Android mobile app or visit [amwell.com](https://www.amwell.com) and enter service key **BCBSND**.

## GETTING CARE HAS NEVER BEEN EASIER

Access a provider in minutes or schedule an appointment using your computer, tablet or smartphone.

Get care for routine medical conditions such as:

- Acne
- Bronchitis
- Bug Bites
- Cold Sores
- Flu
- Pink Eye
- Strep Throat
- Sinus Infection
- UTI
- Rashes and Skin Conditions
- Behavioral Health

Virtual care services may be a covered benefit under your plan and cost sharing may be waived for some services. Call the phone number on the back of your ID card, visit [nd.blue/23VIRCARE](https://nd.blue/23VIRCARE) or scan the QR code to the right to learn more about your benefits.



**SCAN TO  
LEARN MORE**