



# Save money. Improve your life.

Use discounts and services available through your group benefits. **These discounts are not insurance.**

<b>Laser vision correction</b>	<p><b>Imagine your life free from glasses and contacts.</b> You, your spouse, and dependent children save \$800 with featured providers LasikPlus, TLC Laser Eye Centers, or The LASIK Vision Institute. Or receive 15% off standard pricing or 5% off promotional pricing on LASIK through the National Lasik Network's 600 locations. Administered by LCA Vision.</p> <p><a href="http://principallasik.com">principallasik.com</a>   888-647-3937</p>
<b>Hearing aid program</b>	<p><b>Protect your hearing health to improve your quality of life.</b> You, your spouse, children, parents, and grandparents can get discounts up to 48% off hearing aids, including rechargeable and Bluetooth options, with a 60-day trial to ensure full satisfaction. You can also receive a free hearing consultation at any of the 3,000+ locations nationwide. Administered by Start Hearing.</p> <p><a href="http://www.starhearing.com/partners/principallife">www.starhearing.com/partners/principallife</a>   877-890-4694</p>
<b>Emotional health support line</b>	<p><b>Get help when you're feeling overwhelmed or need support.</b> You, your spouse, and dependent children can call this free, confidential support line 24/7 to reach licensed mental health professionals who can provide emotional support, tips for coping, and referrals to local resources. If your employer offers an employee assistance program (EAP), use it instead.</p> <p>866-379-0839</p>

Available with your dental insurance

<b>Teeth whitening</b>	<p><b>Share a smile you can be proud of.</b> You, your spouse, and dependents can save 20% on a dentist-invented teeth whitening technology from GLO Science. Available for home use, it's fast and sensitivity-free so you can smile with confidence.</p> <p><a href="http://gloscience.com/principal">gloscience.com/principal</a> and use discount code PRINCIPAL</p>
<b>Oral care products</b>	<p><b>Help your smile be as healthy as possible.</b> Buy one and get one free--choose from the Z Dental sonic pulse toothbrush or the Z Dental water flosser.</p> <p><a href="http://myzsonic.com/principal">myzsonic.com/principal</a> and use coupon code PRINCIPAL</p>

Available with your disability insurance

<b>Employee assistance program (EAP)</b>	<p><b>Count on help when you need it.</b> You and your family have access to free, confidential resources to help handle life's everyday, and not so everyday, challenges. Connect with licensed professionals for counseling and coaching in person, by text, live chat, video, or phone. Use the work life program to access legal, financial<sup>1</sup> or family services, plus use an extensive library of online resources. <a href="http://GuidanceResources.com">GuidanceResources.com</a> or <a href="https://www.guidancenow.com">GuidanceNow<sup>SM</sup></a> app, then register using "PrincipalCore" or call 844-869-2365</p>
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<b>Travel assistance</b>	<p><b>Ease some of the worries of traveling—whether in the U.S. or internationally.</b> You, your spouse, and dependent children have access to a variety of benefits provided through AXA Assistance<sup>2</sup>. These services include travel and medical assistance plus emergency medical evacuation benefits. Assistance is available for travel 100+ miles away from home for up to 120 consecutive days. Available with group term life insurance only.</p> <p>principal.com/travelassistance</p>
<b>Will &amp; Legal Document Center</b>	<p><b>Consider preparing your simple legal documents online.</b> These online resources and tools, provided by ARAG<sup>®3</sup>, are easy-to-use. You and your spouse can prepare, print, and store essential legal documents — such as a will, living will, healthcare power of attorney, durable power of attorney, and medical treatment authorization for minors. Plus, you can access estate planning tools and resources, and a personal information organizer.</p> <p>principal.araggroup.com</p> <p>Enter your group policy number: 1182323</p>
<b>Identity theft kit</b>	<p><b>Be proactive in protecting one of your most important assets—your identity.</b> If your identity is stolen, despite your best efforts, you'll get valuable tips on how to restore it.</p> <p>principal.araggroup.com</p> <p>Enter your group policy number: 1182323</p>
<b>Beneficiary support</b>	<p><b>Get help coping with the death of a loved one.</b> Beneficiaries receive access to a comprehensive support system after a loved one dies. Services include caring human support and helpful technology from Empathy. Spouses and dependents receive three months of free online will preparation services provided by ARAG<sup>®3</sup></p> <p>Information is provided after the loss of a loved one.</p>

## principal.com

Insurance products issued by Principal Life Insurance Company<sup>®</sup>, a member of the Principal Financial Group<sup>®</sup>, Des Moines, IA 50392.

The discounts and services listed here are available to members, and/or their dependents or beneficiaries, with group coverage underwritten by or with administrative services provided by Principal Life Insurance Company. The discounts and services are not a part of the policy or contract and may be changed or discontinued at any time.

For group life and dental policies issued in New York: travel assistance, Will & Legal Document Center, identity theft kit, emotional health support line, beneficiary support, teeth whitening , and oral care products are not available; laser vision correction and hearing aid program are only available with dental or vision insurance. ARAG Services, LLC, AXA Assistance USA, Inc., Empathy, LCA Vision, ComPsych, Start Hearing, and VSP are not affiliated with any company of the Principal Financial Group<sup>®</sup>. Third party providers are solely responsible for their products and services.

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<sup>1</sup> Not all services available to group policies issued in New York.

<sup>2</sup> Participants are responsible for any incurred fees or expenses. Indemnified transportation services are administered by AXA Assistance USA, Inc. and underwritten by a third party licensed insurance company.

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