MORE HEALTH. LESS HASSLE.

SAME-DAY AND NEXT-DAY CARE

As a Kaiser Permanente member, you have many choices for getting quality care — when, where, and how you need it.



E-visits powered by SmartExam

Get treatment online from a Kaiser Permanente doctor, including prescriptions, in less than an hour.^{1,2}

kp.org/evisits/nw



Phone visits

Have a condition that doesn't require an in-person exam? Save yourself a trip to the office by scheduling a call with your care team.^{1,2}



Video visits

Want a convenient, secure way to see a doctor no matter where you are? Meet by computer, smartphone, or tablet.^{1,2}

kp.org/telehealth/nw



Care Essentials® by Kaiser Permanente

Visit us at one of our locations for convenient same-day or next-day primary care. Evening and weekend appointments available. Book online.

careessentials.org



Not sure which care is right for you? Sign in to the Kaiser Permanente app, visit **kp.org/getcare**, or call us for advice at **1-800-813-2000** (TTY **711**).



²These features are available when you get care at Kaiser Permanente facilities.



SAME-DAY AND NEXT-DAY CARE NEAR YOU



Urgent care

Visit a walk-in clinic if you have a condition that requires prompt medical attention (usually within 1 or 2 days) but is not an emergency.*

Open 7 days a week, including evenings, weekends, and holidays. For the latest hours, go to **kp.org/locations**.

KAISER PERMANENTE URGENT CARE LOCATIONS

Beaverton Medical and Dental Office	North Lancaster Medical Office
4855 SW Western Ave.	2400 Lancaster Dr. NE
Beaverton, OR 97005	Salem, OR 97305
Interstate Medical Office South	Longview-Kelso Medical Office
3500 N. Interstate Ave.	1230 7th Ave.
Portland, OR 97227	Longview, WA 98632
Mt. Talbert Medical Office	Cascade Park Medical Office
10100 SE Sunnyside Rd.	12607 SE Mill Plain Blvd.
Clackamas, OR 97015	Vancouver, WA 98684

AFFILIATE LOCATIONS

McMinnville Immediate Care 207 NE 19th St., McMinnville, OR 97128

Newberg Urgent Care and Medical Center 2880 Hayes St., Newberg, OR 97132

CARE ESSENTIALS LOCATIONS

Care Essentials by Kaiser Permanente – Hawthorne 3060 SE Hawthorne Blvd., Suite 1 Portland, OR 97214

Care Essentials by Kaiser Permanente – Pearl 1035 NW Northrup St. Portland, OR 97209

PORTLAND CLINIC LOCATIONS

The Portland Clinic – Beaverton 15950 SW Millikan Way, Beaverton, OR 97003

The Portland Clinic – Downtown 800 SW 13th Ave, Portland, OR 97205

The Portland Clinic – Northeast 5005 NE Sandy Blvd, Portland, OR 97213

The Portland Clinic – South 6640 SW Redwood Ln, Portland, OR 97224

The Portland Clinic – Tigard 9250 SW Hall Blvd, Tigard, OR 97223

Facility information current as of September 2019. Go to kp.org/locations to see all our current locations and hours (subject to change) and to find the facility closest to you. Or call Member Services at 1-800-813-2000 (TTY 711).





^{*}Nonemergency medical conditions can include minor injuries, backaches, earaches, sore throats, coughs, upper-respiratory symptoms, and frequent urination or a burning sensation when urinating.