



SAVE MONEY WITH CHP DISCOUNT PROGRAMS FROM KAISER PERMANENTE

Thousands of discounts to help you and your family stay healthy, have fun, and thrive.

The CHP Active and Healthy Program

Get discounted access to recreational, cultural, fitness, and wellness-centered products and activities, including:



Lift tickets



Weight management programs



Yoga and Pilates



Sporting events



Vitamins and supplements



Gyms and classes



Guided tours



Retail items



Visit chpactiveandhealthy.com and register with your Kaiser Permanente health record number to start saving today.

Kaiser Permanente Affinity — complementary and alternative medicine

Receive a 20% discount on the following services*:



Chiropractic

A noninvasive therapy that focuses on reducing pain and improving the function and structure of the body.



Naturopathic medicine

A wide range of natural approaches, such as clinical nutrition, herbal medicine, and homeopathy, to diagnose and treat patients.



Massage therapy

Manipulation of soft tissue to help prevent and alleviate pain, muscle discomfort, muscle spasms, and stress.



Acupuncture

The stimulation of specific points on the body by thin metal needles to relieve pain and reduce inflammation.

*20% discount off usual and customary fees when seeking services from providers in the CHP network.



Visit chpgroup.com to find a provider.

