



3 reasons to choose Kaiser Permanente

At Kaiser Permanente, we believe that everyone is entitled to good health. That's why we're excited to be an option for your health care and coverage. Here are some reasons why we think Kaiser Permanente might be a good choice for you:



AFFORDABLE

- \$0 copay for preventive services, cancer screenings, vaccinations, wellness coaching, prenatal care, and birth control
- \$0 copay for e-visits
- Out-of-pocket maximum, so you know the most you have to pay for covered services and you can protect yourself and your family from financial hardship



CONVENIENT

- Get care in your language with interpreter services and Spanish-speaking providers.
- Save on most prescription refills using our mail-order pharmacy service.
- Find what you need under one roof – lab, pharmacy, doctor, and specialty visits are all in one convenient location.



SAFE

- Kaiser Permanente provides high-quality, affordable health care for all.

kp.org/northwest
kp.org/vivabien

KAISER PERMANENTE®  **thrive**

Health insurance. It's important.

Better for you, better for your family.

Health insurance protects your health and your wallet. Here's how:



STAY HEALTHY with no-cost preventive care, like vaccines and checkups for children and adults.



GET HELP paying for prescription drugs.



PROTECT YOURSELF from huge expenses if you get seriously sick or injured. In these cases, health services you need can cost up to hundreds of thousands of dollars.



GET HELP paying for prenatal and neonatal care if you want to have a baby.



GET HELP paying for treatment of ongoing health conditions like diabetes.



BE PREVENTIVE and treat conditions before they become more serious and costly.



GAIN PEACE OF MIND knowing you are doing the right thing for you and your family.

For more information, visit us at kp.org/northwest or kp.org/vivabien.

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