

Telemedicine vs. Virtual Direct Primary Care (VDPC)

Service	Traditional Telemedicine	Virtual Direct Primary Care (VDPC) with Apta Guardianship
24/7 Access to Urgent Care	✓	✓
Immediate Help with Health Issues	✓	✓
Help with Chronic Health Issues	✗	✓
Access to Lab work	✗	✓
Access to Medical Imaging	✗	✓
Virtual Specialist Visits	✗	✓
No Co-Pay or out-of-pocket costs	✗	✓
Long-term outlook	✗	✓
Wellness Coaching	✗	✓
Provider Follow-Up	✗	✓
Assigned Doctor	✗	✓
Can be a Standalone Health Plan	✗	✓
Discounted Cash Prices	(Maybe)	✓
At-Home Diagnostics	✗	(Optional)

