

# No Prescription? No Problem!

Not all employees need vision correction. With VSP LightCare™, their vision plan will cover their eyes too.



## Eyewear for All

You want to look after all of your employees. That includes those who need some help to see clearly and others—24% of adults—who don't need vision correction.<sup>1</sup> That's why we created VSP LightCare.

When you add VSP LightCare to your plan, your employees and their dependents who don't have a prescription can still make the most of their vision coverage.

Instead of using their frame allowance for prescription glasses or contact lenses, they can choose ready-made sunglasses or blue-light filtering glasses—available at a VSP network doctor or **eyeconic.com**<sup>®</sup>.

## Everyone Benefits from an Eye Exam

Even employees that don't need prescription glasses benefit from an annual eye exam. Eye doctors can discover signs of more than 270 systemic conditions<sup>2</sup> making an eye exam an easy and cost-effective way to take care of their eyes and overall health.

## Eye Defense Indoors and Out

**Wear blue light-filtering glasses indoors** to help defend against digital eye strain. Excessive blue light exposure from digital screens and fluorescent lighting may contribute to dry eyes, blurred vision, tired eyes, sore eyes, headaches, and watery eyes—all possible symptoms of digital eye strain.

**Always wear sunglasses outdoors** to shield the eyes from the sun's ultraviolet rays that can damage the cornea and cause eye-related diseases like cataracts. 100% UVA and UVB protection is the best choice for sunglasses.<sup>3</sup>

**vsp**  
vision care

## VSP LightCare Coverage Includes:

### Eye Exam

A fully-covered WellVision Exam<sup>®4</sup>

### Eyewear

Use the frame and lens allowance toward ready-made:

- non-prescription sunglasses or
- non-prescription blue light-filtering glasses

Questions? Visit [vsp.com](https://vsp.com) | 800.216.6248

1. VisionWatch U.S. Consumer Study, The Vision Council, June 2021. 2. Full Picture of Eye Health, American Optometric Association, March 2022. 3. Tips for Choosing the Best Sunglasses, American Academy of Ophthalmology, June 2021. 4. Less any applicable copay.

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