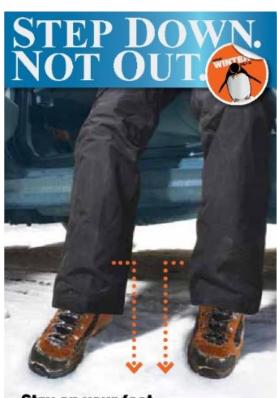
Getting Out of Your Vehicle



Stay on your feet. When getting out of a vehicle:

- 1. Swing both legs out.
- 2. Place both feet, flatfooted, on the ground.
- Grab onto the door frame or steering wheel for support.
- Use at least three points of contact—two feet and one hand.

Remember to:

- Wear proper footwear.
- Use authorized paths.
- Slow down.

