Please call our office with any questions 877-282-0808

ATTENTION! READ THIS FIRST!!

How to File an Allstate Wellness Claim:

- 1. Policy owner/Patient Information
 - 1: Fill in information Page
 - 2: Complete address and be sure to sign (Be sure to check if you have a new address)
- **2. Attach** the physician, clinic, or facility receipt showing the specific wellness exam performed and date it was provided.
- **3. Direct Deposit:** Complete and attach a voided check to have your claim payments deposited directly into your bank account, if you would like to receive a paper check, disregard this form.

When the above information is **COMPLETE**, please fax to Allstate Claims Department at: 800-430-4188.

It takes at least 14 Days from the time that ALLSTATE receives your claim.

After the 14 days, you can call to check on your claim at: 800-348-4489 or login to the MyBenefits website to view your claim.

My Benefits

Benefits at Your Fingertips 24/7

Accessing benefit information has never been easier.

- · File Claims
- · Check claim status
- · Get benefit coverage details
- · Review claims history
- Make changes to personal information

How to Get Access

- · Go online to www.allstateatwork.com/mybenefits
- Sign up for access using the secure online registration process. Create a User ID and Password.
- Be prepared to provide your SS#, zip code, and birthdate.
- Need help registering? Just click on "Need Help" in the menu to the right.
- Once registered, full access to all benefits and website is available day or night, 24/7, it's that simple!



WELLNESS CLAIM FORM

If you have any questions regarding our determination of your claim, or if you would like to appeal any determination, please contact our Customer Care Center at 1-800-348-4489 8:00 A.M. to 8:00 P.M. Eastern Standard Time.

The furnishing of this form, or its acceptance by the Company as proof, must not be construed as an admission of any liability on the part of the Company, nor a waiver of any of the conditions of the insurance contract.

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POLIC THOUDER / C	SERTIFICATEROLDER				
Insured's Name:	Patient:				
Policy Number(s): 1)	2)				
Social Security Number: Date of Birth:	/				
Home Number: () E-ma	il:				
Filing a claim for your calendar year Wellness Benefit is easy! If you have had one of the listed preventative tests or HPV Vaccination shown below, please check the appropriate boxes and attach any documentation you may have showing the <u>provider</u> , <u>patient's name</u> , the <u>date of the test</u> , and <u>exam performed</u> . If your policy was issued in Pennsylvania or California, please send us the actual bill and the Explanation of Benefits from your Major Medical Carrier.					
Thank you for selecting Allstate Workplace Division and	d for having your annual wellness exam!				
WELLNESS	SCREENINGS				
☐ Biopsy for skin cancer	☐ Flexible sigmoidoscopy				
☐ Blood test for triglycerides	☐ Hemocult stool analysis				
☐ Bone Marrow Testing	☐ HPV (Human Papillomavirus) Vaccination				
☐ CA15-3 (cancer antigen 15-3 - blood test for breast cancer)	☐ Lipid Panel (total cholesterol count)				
☐ CA125 (cancer antigen 125 - blood test for breast cancer)	☐ Mammography, including Breast Ultrasound				
☐ CEA (carcinoembryonic antigen – blood test for colon cancer)	☐ Pap Smear, including ThinPrep Pap Test				
☐ Chest X-ray	□ PSA (prostate specific antigen – blood test for prostate cancer)				
□ Colonoscopy	☐ Serum Protein Electrophoresis (test for myeloma)				
□ Doppler screening for carotids	☐ Stress test on bike or treadmill				
☐ Doppler screening for peripheral vascular disease	☐ Thermography				
☐ Echocardiogram	 Ultrasound screening of the abdominal aorta for abdominal aortic aneurysms 				
□ EKG (Electrocardiogram)					
ASSIGNMENT OF BENEFITS FOR WELLNESS COVERAGE (n/a in New Hampshire)					
I request that American Heritage Life Insurance Company send benefits to someone other than me. Please send benefits available to the name and address shown below:					
Name	Address				
Provider's Tax Identification Number	City State Zip				
Relationship					
Signature of Policy Owner Date Vou may mail or fay your plaim to:					

You may mail or fax your claim to:

American Heritage Life Insurance Company
1776 American Heritage Life Drive, Jacksonville, FL 32224
Phone 1-800-521-3535 Fax 1-800-430-4188

Important: To avoid delay, please sign authorization below.					
I authorize any physician, medical practitioner, hospital, clinic or other medical facility, insurance company, the Medical Information Bureau or other organization, institution or person, that has records or knowledge of me or my health to give to American Heritage Life Insurance Company (AHL), its subsidiaries or its reinsurers any information relating to my claim. A copy of this authorization is as valid as the original. This authorization applies to any dependent on whom a claim is filed. This authorization is valid for a period of 24 months from the date signed. I understand that I may revoke this authorization at any time by notifying AHL in writing of my desire to do so. I or my representative may receive a copy of this authorization by supplying policy number(s) and Insured's name in a written request to the company. (In MAINE – I understand that revocation of this authorization may be a basis for denying insurance benefits. Failure to sign an authorization statement may impair the ability of a regulated insurance agency to evaluate claims and may be a basis for denying a claim for benefits.)					
Sign here:	1	Date:		here if address is new	
C	laimant				
Mailing Address:	City:	State:	Zip:	Phone No:. ()	

NOTICE IN ALASKA, ARKANSAS, KENTUCKY, LOUISIANA, MAINE, NEW JERSEY, NEW MEXICO, AND VIRGINIA: Any person who knowingly and with intent to injure, defraud or deceive an insurance company files a claim containing false, incomplete or misleading information may be prosecuted under state law.

NOTICE IN DELAWARE, IDAHO, INDIANA, MINNESOTA, AND OKLAHOMA: Any person who knowingly and with intent to injure, defraud or deceive an insurance company files a claim containing false, incomplete or misleading information is quilty of a felony.

information is guilty of a felony. **NOTICE IN ARIZONA:** For your protection Arizona law requires the following statement to appear on this form. Any person who knowingly presents a false or fraudulent claim for payment of a loss is subject to criminal and civil penalties.

NOTICE IN CALIFORNIA: For your protection, California law requires the following to appear on this form. Any person who knowingly presents a false or fraudulent claim for payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

NOTICE IN COLORADO: It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance, and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado division of insurance within the department of regulatory agencies.

NOTICE IN DISTRICT OF COLUMBIA: FRAUD NOTICE: It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits, if false information materially related to a claim was provided by the applicant.

NOTICE IN FLORIDA: Any person who knowingly and with intent to injure, defraud, or deceive any insurer files a statement of claim or an application containing any false, incomplete, or misleading information is guilty of a felony of the third degree.

NOTICE IN MARYLAND: Any person who knowingly and willfully presents a false or fraudulent claim for payment of a loss or benefit or who knowingly and willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

NOTICÉ IN NEW HAMPSHIRE: Any person who, with a purpose to injure, defraud or deceive any insurance company, files a statement of claim containing any false, incomplete, or misleading information is subject to prosecution and punishment for insurance fraud, as provided in RSA 638.20.

NOTICE IN NEW YORK: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

NOTICE IN OHIO: Any person who, with intent to defraud or knowing that he is facilitating a fraud against an insurer, submits an application or files a claim containing a false or deceptive statement is guilty of insurance fraud.

NOTICE IN OREGON: Any person who makes intentional misstatement that is material to the risk may be found guilty of insurance fraud by a court of law.

NOTICE IN PENNSYLVANIA: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

crime and subjects such person to criminal and civil penalties.

NOTICE IN PUERTO RICO: Any person who knowingly and with the intention to defraud includes false information in an application for insurance or file, assist or abet in the filing of a fraudulent claim to obtain payment of a loss or other benefit, or files more than one claim for the same loss or damage, commits a felony and if found guilty shall be punished for each violation with a fine of no less than five thousands dollars (\$5,000), not to exceed ten thousands dollars (\$10,000); or imprisoned for a fixed term of three (3) years, or both. If aggravating circumstances exist, the fixed jail term may be increased to a maximum of five (5) years; and if mitigating circumstances are present, the jail term may be reduced to a minimum of two (2) years.

NOTICE IN TENNESSEE AND WASHINGTON: It is a crime to knowingly provide false, incomplete or misleading information to an insurance company for the purpose of defrauding the company. Penalties include imprisonment, fines and denial of insurance benefits.

NOTICE IN TEXAS: Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

NOTICE IN WEST VIRGINIA AND RHODE ISLAND: Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.



AMERICAN HERITAGE LIFE INSURANCE COMPANY ("AHL") Attn: Policyholder Services

Attn: Policyholder Services 1776 American Heritage Life Drive Jacksonville, FL 32224

Telephone: (800) 521-3535

AUTHORIZATION TO DISCLOSE PROTECTED HEALTH INFORMATION

Inc	dividual's Name					
		Last	First	Middle		
Но	me Address					
_		Street	City	State/Zip Code		
Но	me Telephone		Date of Birth			
Ро	licy Number(s)					
M١	HEALTH INFORMA	TION: The health ir	formation that is subject to	this Authorization consists of		
×	All Health informati	on about me create	d or received by AHL, exc	ept for the following:		
	Other:					
AUTHORIZED DISCLOSURE: I authorize AHL to disclose my health information described above to						
	Name ("Recipient")_	Keeler and Associa	tes			
	Address 2209 1st A	Ave., Plattsmouth, N	IE 68048	877-282-0808		
TE	RM: This Authorizatio	n will remain in effe	ct until:			
	☑ I revoke it in write	ing.				
	□ theday of	, 20)			
 I authorize disclosure in the manner described above, and understand that: AHL will not condition my enrollment or eligibility for insurance benefits on my provision of this Authorization. AHL does not guarantee that Recipient will not redisclose my health information to a third party. 						
•	The third party may r law governing the us	not be required to a e and disclosure of	bide by this Authorization my health information.	th information to a third party. or applicable federal and state		
•		Il remain in effect u	ntil the Term of the Author	ization expires or I provide a he revocation will be effective		
	Signature of Individual			Signature of Witness		

American Heritage Life Insurance Company

1776 American Heritage Life Drive Jacksonville, Florida 32224



CLAIMS ADMINISTRATION

DIRECT DEPOSIT AUTHORIZATION FORM

Authority is hereby given to American Heritage Life Insurance Company (AHL) to credit the account number shown below for claims payment for all of your AHL policies (unless benefits are assigned). AHL will make any adjustments, including the initiation of any credit or debit entries on the account, for the limited purpose of claims payment due to the accountholder or due to AHL. Once the deposit transaction occurs, AHL has five days to withdraw only the amount deposited if an error has occurred.

TRANSACTION TYPE: New Setup Cancellation Cha	inge Financial Institution				
POLICY/CERTIFICATEHOLDER INFORMATION:					
Policy/Certificateholder Name:	Home Phone:				
Policy/Certificate Number(s):					
(Signing this authorization will allow AHL to deposit claim Social Security Number:					
FINANCIAL INSTITUTION:					
Financial Institution Name:					
Address:					
Routing Transit Number Accou	int Number				
Tape a Voided Check for Checking Account Here					
This authority is to remain in full force and effect until AHL has received written notification revoking the authority. Your policy/certificateholder information and your financial institution information above must be complete and accurate and must be that of the policy/certificateholder on file. To ensure accuracy, a voided check must be attached. Please notify AHL immediately if your financial institution or account information has changed by sending written notification to the address indicated below. Should you have any questions, please contact us at 1-800-348-4489.					
Authorization Signature:	Date:				
Print Name:					
Deliver the completed and signed authorization form with voided check to:					
Fax to: 1-866-424-8482 OR Mail to:	Allstate Workplace Division Attention: Claims ACH Department				

1776 American Heritage Life Drive, Jacksonville, FL 32224-6687

AWD16661